



# HOLY COMMUNION

ORDER ONE

COMMON WORSHIP FOR ORDINARY TIME IN  
THE PARISH OF BENGEO, HERTFORD

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## Love's Choice

This bread is light, dissolving, almost air,  
A little visitation on my tongue,  
A wafer-thin sensation, hardly there.  
This taste of wine is brief in flavour, flung  
A moment to the palate's roof and fled,  
Even its aftertaste a memory.  
Yet this is how He comes. Through wine and bread  
Love chooses to be emptied into me.  
He does not come in unimagined light  
Too bright to be denied, too absolute  
For consciousness, too strong for sight,  
Leaving the seer blind, the poet mute;  
Chooses instead to seep into each sense,  
To dye himself into experience.

*Malcolm Guite*

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## *The Gathering*

*A hymn may be sung.*

*The president may say*

In the name of the Father,  
And of the Son,  
And of the Holy Spirit.

*All*    **Amen.**

## The Greeting

*The president greets the people*

Grace, mercy and peace  
from God our Father  
and the Lord Jesus Christ  
be with you

*All*    **and also with you.**

*Words of welcome or introduction may be said.*

## Prayers of Penitence

Invitation to Confession

The gospel calls us to turn away from sin  
and be faithful to Christ.  
As we offer ourselves to him in penitence and faith,  
we renew our confidence and trust in his mercy.

Praise the Lord, O my soul,  
and forget not all his benefits:  
Lord, have mercy.

*All*    **Lord, have mercy.**

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Who forgives all your sin  
and heals all your infirmities:  
Christ, have mercy.

*All* **Christ, have mercy.**

Who saves your life from destruction,  
and crowns you with mercy and loving-kindness:  
Lord, have mercy.

*All* **Lord, have mercy.**

*The president says*

Almighty God,  
who forgives all who truly repent,  
have mercy upon *you*,  
pardon and deliver *you* from all *your* sins,  
confirm and strengthen *you* in all goodness,  
and keep *you* in life eternal;  
through Jesus Christ our Lord.

*All* **Amen.**

### Gloria in Excelsis

*The Gloria may be sung. Please stand.*

Glory in the highest to the God of heaven!  
Peace to all your people through the earth be given:  
mighty God and Father, thanks and praise we bring,  
singing alleluias to our heavenly King.

Jesus Christ is risen, God the Father's Son:  
with the Holy Spirit, you are Lord alone!  
Lamb once killed for sinners, all our guilt to bear,  
show us now your mercy, now receive our prayer.

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Christ the world's true Saviour, high and holy one,  
seated now and reigning from your Father's throne:  
Lord and God, we praise you; highest heaven adores:  
in the Father's glory, all the praise be yours!

The Collect

*The president introduces a period of silent prayer with the words 'Let us pray' or a more specific bidding.*

*The Collect is said, and all respond*

All **Amen.**

*The Liturgy of the Word*

Reading

*[Please sit]*

*At the end of the reading the reader may say*

This is the word of the Lord.

All **Thanks be to God.**

*A hymn may be sung. Music may be played.*

Gospel Reading

*[Please stand]*

Alleluia, alleluia.

The word of the Lord endures for ever.

The word of the Lord is the good news announced to you.

All **Alleluia.**

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*When the Gospel is announced the reader says*

Hear the Gospel of our Lord Jesus Christ according to N.

*All* **Glory to you, O Lord.**

This is the Gospel of the Lord.

*All* **Praise to you, O Christ.**

Sermon

Prayers of Intercession

*These responses may be used*

Lord, in your mercy

*All* **hear our prayer.**

*And at the end*

Lord of the Church,

*All* **hear our prayer  
and make us one in heart and mind  
to serve you with joy for ever.  
Amen.**

Ending

Heavenly Father,  
you have promised through your Son Jesus Christ,  
that when we meet in his name,  
and pray according to his mind,  
he will be among us and hear our prayer:  
in your love and mercy fulfil our desires,  
and give us your greatest gift,  
which is to know you, the only true God,  
and your Son Jesus Christ our Lord.

*All* **Amen.**

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## *The Liturgy of the Sacrament*

### The Peace

We are all one in Christ Jesus.  
We belong to him through faith,  
heirs of the promise of the Spirit of peace.

The peace of the Lord be always with you  
**and also with you.**

Let us offer one another a sign of peace.

*All may exchange a sign of peace.*

### Preparation of the Table Taking of the Bread and Wine

*The table is prepared and bread and wine are placed upon it.  
A hymn may be sung.*

### The Eucharistic Prayer

The Lord be with you  
**and also with you.**

Lift up your hearts.  
**All We lift them to the Lord.**

Let us give thanks to the Lord our God.  
**All It is right to give thanks and praise.**

Father, we give you thanks and praise  
through your beloved Son Jesus Christ, your living Word,  
through whom you have created all things;  
who was sent by you in your great goodness  
to be our Saviour.



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By the power of the Holy Spirit he took flesh;  
as your Son, born of the blessed Virgin,  
he lived on earth and went about among us;  
he opened wide his arms for us on the cross;  
he put an end to death by dying for us;  
and revealed the resurrection by rising to new life;  
so he fulfilled your will and won for you a holy people.

Therefore with angels and archangels,  
and with all the company of heaven,  
we proclaim your great and glorious name,  
for ever praising you and *saying*:

*All* **Holy, holy, holy is the Lord,  
Holy is the Lord God almighty!  
Holy, holy, holy is the Lord,  
Holy is the Lord God almighty!  
Who was and is, and is to come;  
holy, holy, holy is the Lord.**

Lord, you are holy indeed, the source of all holiness;  
grant that by the power of your Holy Spirit,  
and according to your holy will,  
these gifts of bread and wine  
may be to us the body and blood of our Lord Jesus Christ;

who, in the same night that he was betrayed,  
took bread and gave you thanks;  
he broke it and gave it to his disciples, saying:  
Take, eat; this is my body which is given for you;  
do this in remembrance of me.

In the same way, after supper  
he took the cup and gave you thanks;  
he gave it to them, saying:

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Drink this, all of you;  
this is my blood of the new covenant,  
which is shed for you and for many  
for the forgiveness of sins.  
Do this, as often as you drink it,  
in remembrance of me.

*All* Great is the mystery of faith:  
**Christ has died:**  
**Christ is risen:**  
**Christ will come again.**

And so, Father, calling to mind his death on the cross,  
his perfect sacrifice made once for the sins  
of the whole world;  
rejoicing in his mighty resurrection and glorious ascension,  
and looking for his coming in glory,  
we celebrate this memorial of our redemption.  
As we offer you this our sacrifice  
of praise and thanksgiving,  
we bring before you this bread and this cup  
and we thank you for counting us worthy  
to stand in your presence and serve you.

Send the Holy Spirit on your people  
and gather into one in your kingdom  
all who share this one bread and one cup,  
so that we, in the company of [*N and*] all the saints,  
may praise and glorify you for ever,  
through Jesus Christ our Lord;

by whom, and with whom, and in whom,  
in the unity of the Holy Spirit,  
all honour and glory are yours, O loving Father,  
for ever and ever.

*All* **Amen.**

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The Lord's Prayer

Let us pray with confidence as our Saviour has taught us

*All*      **Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come;  
thy will be done;  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation;  
but deliver us from evil.  
For thine is the kingdom,  
the power and the glory,  
for ever and ever.  
Amen.**

Breaking of the Bread

*The president breaks the consecrated bread.*

We break the bread of life,  
to share in the body of Christ.

*All*      **Though we are many, we are one body,  
because we all share in one bread.**

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Agnus Dei

**Lamb of God,  
you take away the sin of the world,  
have mercy on us.**

**Lamb of God,  
you take away the sin of the world,  
have mercy on us.**

**Lamb of God,  
you take away the sin of the world,  
grant us peace.**

Giving of Communion

*The president says the invitation to communion*

Draw near with faith.  
Receive the body of our Lord Jesus Christ  
which he gave for you,  
and his blood which he shed for you.  
Eat and drink  
in remembrance that he died for you,  
and feed on him in your hearts  
by faith with thanksgiving.

*The president and people receive communion.*

The body of Christ.

The blood of Christ.

*During the distribution hymns may be sung.*

Prayer after Communion

*Silence is kept.*

*The Post Communion prayer is said.*

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*The Dismissal*

*A hymn may be sung.*

Blessing

The peace of God,  
which passes all understanding,  
keep your hearts and minds  
in the knowledge and love of God,  
and of his Son Jesus Christ our Lord;  
and the blessing of God almighty,  
the Father, the Son, and the Holy Spirit,  
be among you and remain with you always.

*All* **Amen.**

*A minister says*

Go in the peace of Christ.

*All* **Thanks be to God. Amen.**

*The ministers and people depart.*





